# **Long-Term Care Homes Program:**

A Review of the Plan to Create 15,000 New Long-Term Care Beds in Ontario



### Report outline

The Province has committed to add 15,000 new long-term care beds over five years (the LTC expansion).

### This report:

- 1. Explains how long-term care is funded by the Province
- 2. Estimates the timing and cost of the LTC expansion
- 3. Analyzes how the LTC expansion will affect the wait list and wait times for long-term care
- 4. Discusses how individuals waiting for long-term care impact hospital capacity and hallway health care



## **Background: Long-Term Care** in Ontario



### Long-term care in Ontario

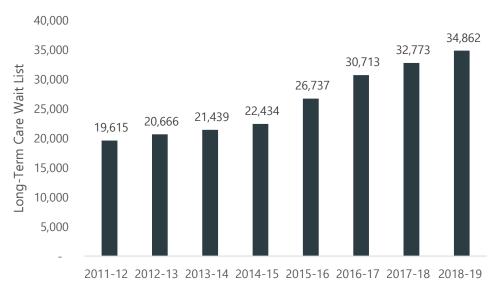
- There are 626 long-term care homes in Ontario that house over 78,000 residents
- Most LTC residents are over the age of 75 and live with conditions that have compromised their health
- LTC homes must be licensed by the ministry and can be for-profit, not-for-profit or municipal organizations



## The wait list for long-term care has increased

 In 2018-19, there were nearly 35,000 Ontarians on the wait list for long-term care, up from 19,600 in 2011-12

### Long-term care wait list



Source: Information provided to the FAO by MLTC.

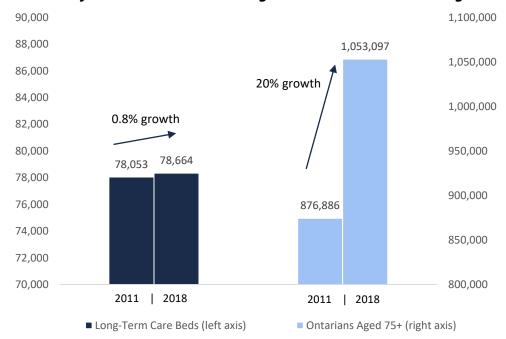
 Median wait times for long-term care increased from 99 days in 2011-12 to 152 days in 2018-19



### Why has the wait list increased?

 Growth in Ontarians aged 75 and over has outpaced the growth of long-term care beds

#### Growth in elderly Ontarians has exceeded growth in the number of long-term care beds



Source: Statistics Canada, Table 17-10-0005-01, Ministry of Finance, Ontario Population Projections 2018-2046, updated October 1, 2019, and information provided to the FAO by MLTC.



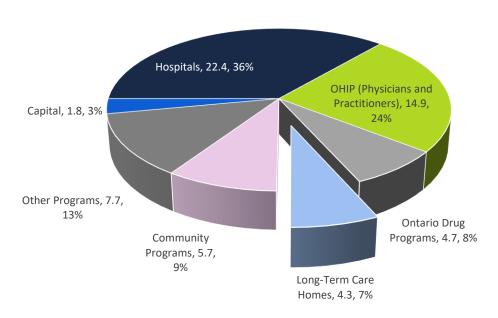
# How Does the Province Fund Long-Term Care?



### Long-term care homes program

 The Province funds long-term care through the longterm care homes program, spending \$4.3 billion in 2018-19

LTC homes program represented 7 per cent of total health sector spending in 2018-19 (\$ billions)



Source: 2018-19 Public Accounts of Ontario and information provided to the FAO by MLTC.



### **How LTC Spending Works**

- LTC home operators receive payments:
  - from the Province, based on the number of beds in operation and type of services provided
  - from residents, to pay for accommodation (basic, semiprivate and private)
- LTC home operators then remit the cost of basic accommodation back to the Province to offset some of the program cost

### 2018-19 long-term care homes program spending by category, \$ millions

| Category  | \$ millions | %   |
|---|-------------|-----|
| Nursing and Personal Care                               | 2,919       | 50  |
| Program and Support Services                            | 279         | 5   |
| Raw Food  | 268         | 5   |
| Basic Accommodation                                     | 1,595       | 27  |
| <b>Total LOC Per Diem</b>                               | 5,062       | 87  |
| Supplementary Funding Programs                          | 764         | 13  |
| <b>Total Cost of Long-Term Care Homes Program</b>       | 5,826       | 100 |
| Less: Resident Co-payments                              | -1,537      |     |
| Net Cost to Province of Long-Term Care Homes<br>Program | 4,289       |     |

Note: Excludes payments made by residents that are retained by LTC home operators (e.g. for semi-private and private rooms)

Source: Information provided to the FAO by MLTC.



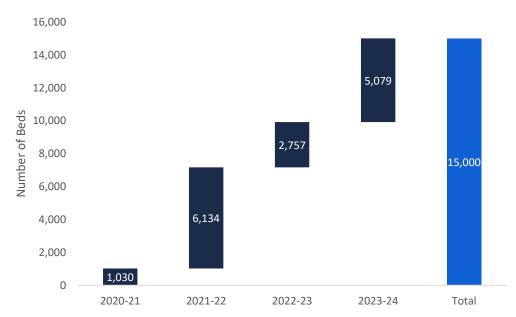
# Timing and Cost of the LTC Expansion



## LTC expansion timing

- To date, the Province has allocated 7,889 of the 15,000 beds
- If the remaining beds are allocated by March 2021, all 15,000 beds could be in service by 2023-24

#### FAO projection of number of new LTC beds in service by fiscal year







### LTC expansion cost

- The 15,000 new beds will not impact the budget balance until each bed comes into service
- Once a bed comes into service, the Province subsidizes the construction of the bed over 25 years
- LTC homes program spending will increase by a total of \$1.7 billion over five years, as new beds come into service

### 15,000 new beds will increase LTC homes program spending by \$1.7 billion over five years

| (\$ millions)   | 2019-20 | 2020-21 | 2021-22 | 2022-23 | 2023-24 | Total |
|---|---------|---------|---------|---------|---------|-------|
| LTC homes program spending increase for 15,000 new LTC beds | 0       | 14      | 350     | 505     | 863     | 1,732 |

Source: FAO

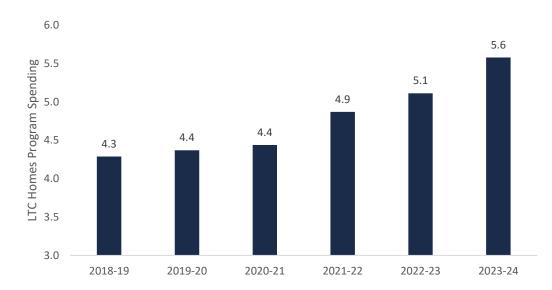
 Once all 15,000 beds are in service provincial spending will increase by an ongoing annual amount of approximately \$970 million



## LTC homes program spending forecast

• LTC homes program spending projected to accelerate in 2021-22 as over 6,000 beds are expected to come into service in that year

#### LTC homes program spending forecast (\$ billions)



Source: FAO



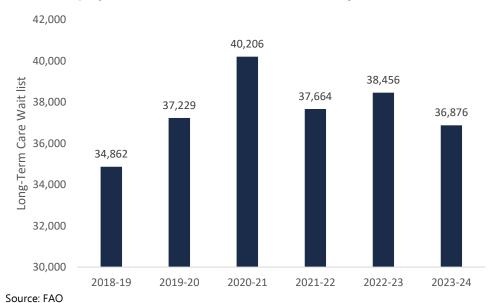
## **Effect on the LTC Wait List and Wait Times**



## LTC wait list projection

- The wait list is projected to increase over the next five years despite 15,000 new beds
- The wait list is expected to peak in 2020-21, before most of the new beds are opened
- High growth in Ontarians aged 75 and over will lead to longterm care demand outpacing the 15,000 new beds

#### LTC wait list projected to increase to 36,900 Ontarians by 2023-24

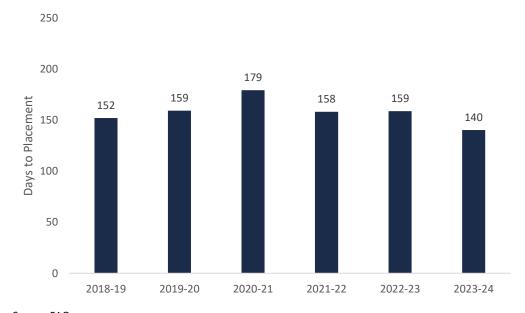




## LTC wait times projection

 The FAO projects a decrease in wait times by 2023-24, due to a higher turnover of beds

#### FAO projection for median time to placement (wait time) for a long-term care bed







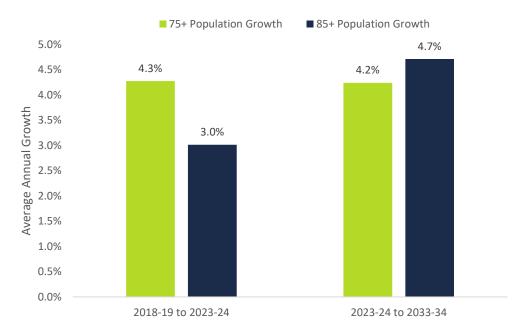
## **Long-Term Implications**

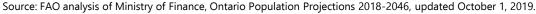


### Long-term implications

- Beyond 2023-24, high growth in the number of elderly Ontarians will continue
- To maintain the projected wait list at 36,900 Ontarians, the Province would need to add 55,000 more LTC beds by 2033-34

### Growth in Ontarians aged 85 and over will accelerate over the long-term







## Impact on Hallway Health Care



## LTC wait times contribute to hallway health care

- "Hallway health care" refers to the estimated 1,000 patients waiting for a hospital bed in an unconventional space on an average day
- Patients are in unconventional spaces because hospital beds are occupied by patients waiting to go elsewhere (e.g. long-term care or rehabilitation facility)
- In November 2018, over 4,600 of the Province's 34,000 hospital beds were occupied by patients waiting to go elsewhere



# Patients waiting for an LTC bed more costly in hospitals than in long-term care

- In 2017-18, patients waiting in hospitals for a long-term care placement occupied 340,000 hospital bed days
- Each day a patient remains in hospital while waiting for a long-term care bed costs the Province approximately \$500 more than if the patient was in long-term care
- In 2017-18, patients waiting in hospitals for long-term care beds cost the Province approximately \$170 million



## Will the LTC expansion help end hallway health care?

- New LTC beds are being placed in areas of the Province with the longest LTC wait lists and most hospital capacity occupied by patients waiting for an LTC placement
- However, the FAO projects that the wait list and wait times for LTC will peak in 2020-21
  - This implies that, in the absence of other health sector changes, the problem of hallway health care will get worse over the next two years
- By 2023-24, the FAO projects that wait times will drop below 2018-19 levels
  - If this also reduces the number of hospital bed days occupied by patients waiting for an LTC bed, then, all else being equal, there could be an improvement in hallway health care by 2023-24



## Thank you

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